

Philippians 4:13 I can do all things through Christ
which strengtheneth me. (KJV)

Philippi was the first city in present-day Europe where Paul established a church.

Philippians was written by the apostle Paul while he is under arrest in Rome and awaiting trial.

Paul wants to thank the Philippians for the special offering they had sent with Epaphroditus for him.

Nobody told me this when I was younger. I don't recall ever getting the setting for this verse.

Although I knew the verse, I didn't know the context.

1

¹⁰ But I rejoiced in the Lord greatly, that now at the last your care of me hath flourished again; wherein ye were also careful, but ye lacked opportunity.

¹¹ Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.

¹² I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need.

¹³ I can do all things through Christ which strengtheneth me.

¹⁴ Notwithstanding ye have well done, that ye did communicate with my affliction.

2

¹⁵ Now ye Philippians know also, that in the beginning of the gospel, when I departed from Macedonia, no church communicated with me as concerning giving and receiving, but ye only.

¹⁶ For even in Thessalonica ye sent once and again unto my necessity.

¹⁷ Not because I desire a gift: but I desire fruit that may abound to your account.

¹⁸ But I have all, and abound: I am full, having received of Epaphroditus the things which were sent from you, an odour of a sweet smell, a sacrifice acceptable, wellpleasing to God.

¹⁹ But my God shall supply all your need according to his riches in glory by Christ Jesus.

3

Even if I could have read it in a more modern translation it would have helped.

¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

¹³ I can do all this through him who gives me strength.

¹⁴ Yet it was good of you to share in my troubles.

But we are all familiar with the difficulty of reading a more modern translation.

And we are all familiar with the stigma of admitting you are going through difficulties or hard times.

4