א **To you**, Yahweh,

I lift up my life, 2 my God

ם In You I trust,

don't let me be ashamed, don't let my enemies gloat over me

- 3 **Furthermore**, everyone who eagerly waits for You will not be ashamed, those who deal treacherously without cause will be ashamed
- 4 т Make me know <u>Your ways</u>, Yahweh, teach me Your paths
- ה Make me walk in Your truth,
  - ı and teach me,

for

You are the God of my salvation, I wait eagerly for you all day long

- 6 r Remember your acts of compassion and your covenant faithfulness, for they are from eternity
- 7 n As for **the sins of** my youth and my transgressions,

don't remember them,

according to Your covenant faithfulness—

please remember me

because of Your goodness, Yahweh

8 υ Yahweh is **good** and upright,

therefore He directs sinners in the way

- 9 · <u>He lets</u> the afflicted <u>walk</u> in justice, and He teaches the afflicted His way
- 10 a <u>All</u> the paths of Yahweh are covenant faithfulness and truth for those who keep His covenant and His testimonies
- 11 b <u>For the sake of</u> Your reputation, <sup>19</sup> Yahweh,

You will forgive my iniquity,

for it is great

12 n Who is this, the man who fears Yahweh?

He will direct him in the way he should choose

13 <u>His life</u> will abide with what is good, and his descendents will inherit land

- 14 o Yahweh's **secret counsel** is for those who fear Him, and His covenant for those who make them known
- ע 15 ע My eyes continually look to Yahweh,

for **He**<sup>20</sup> will bring forth my feet from a net<sup>21</sup>

16 פ **Turn** to me

and be gracious to me,

for I am alone and afflicted

17 μ My mind's **distresses** are increased.

bring me forth from my difficult circumstances

-

<sup>&</sup>lt;sup>19</sup>Lit. name. "Name" often implies reputation.

<sup>&</sup>lt;sup>20</sup>This appears to be an emphatic *He*.

<sup>&</sup>lt;sup>21</sup>l.e., *trap*.

- 18 ה See<sup>22</sup> my affliction and my trouble, and forgive all my sins!
- 19 ר **See** my enemies,

for

they are many, and those with violent hatred hate me

20 ש <u>Guard</u> my life and deliver me, don't let me be ashamed,

for I seek refuge in You

21 π Integrity and uprightness will guard me, for I eagerly wait for You

22 God, redeem Israel from all his distress

\_\_\_\_\_

 $<sup>^{22}</sup>$ For some reason this acrostic is missing the letter ק, and has two ה instead.

```
when he changed his disposition before Abimelek,
              and Abimelek33 drove him out
              and he left.
2 א
      I will bless Yahweh at every opportunity,
           His praise will continually be in my mouth.
ב 3
      My being will brag about Yahweh,
           afflicted people will hear it
              and rejoice.
4 ג
      Extol Yahweh with me.
           and let's praise His name together!
      I inquired of Yahweh,
5 т
          and He answered me
           and He delivered me from all my fears.
      They looked to Him,
ה 6
          and they shined,
           and their was no shame on their faces.
 Т
7 ז
      This afflicted person called,
          and Yahweh heard.
              and He rescued him from all his enemies.
      Yahweh's angel encamps around those who fear Him,
8 n
           and he rescues them.
9 υ
      Taste and see that Yahweh is good,
          fortunate is whoever<sup>34</sup> seeks refuge in Him.
      Hey holy people, fear Yahweh,
10 ·
          for those who fear Him lack nothing.
11 o
      Lions might be in want and go hungry.
           but those who seek Yahweh do not lack any good thing.
ל 12
      Come, children, listen to me,
          I will teach you* the fear of Yahweh.
13 ก
              Who are those who
                  take delight in life.
                  who love seeing good things in their days?35
                       Restrain your tongue from evil
נ 14
                       and your lips from speaking treachery.
```

<sup>32</sup>Psalm 34 is an alphabetic acrostic. Each verse except for the last one begins with a new letter of the Hebrew alphabet. The flow of acrostic Psalms often seems disjointed to us, but it will help if you think of these as related bullet points. **Underline/boldface** has been used to indicate the Hebrew word represented by the Hebrew acrostic. <sup>33</sup>Lit. "he".

34:1<sup>32</sup> Of David,

If you want

a long life

and to see good things happen in your days,

<sup>&</sup>lt;sup>34</sup>Lit. "man" (Heb. גֶּבֶר).

<sup>&</sup>lt;sup>35</sup>13Alternate translation:

| 15 o  | turn aside from evil                                     |
|-------|--|
|       | and practice good,                                       |
|       | seek wellbeing   |
|       | and pursue it.   |
| ע 16  | The eyes of Yahweh are on righteous people,              |
|       | and His ears are toward their cry for help.              |
| פ 17  | The face of Yahweh is against the doers of evil,         |
|       | to cut off their legacy <sup>36</sup> from the earth.    |
| צ 18  | They cried out, and Yahweh heard,                        |
|       | and He delivered them from all their fears.              |
| ק 19  | Yahweh is <u>close</u> to the broken-hearted,            |
|       | and He delivers those with a humble attitude.            |
| ר 20  | Righteous people encounter <b>many</b> troubles,         |
|       | but Yahweh delivers them <sup>37</sup> from all of them. |
| שׁ 21 | He protects all their bones,                             |
|       | not one of them is smashed.                              |
| ת 22  | The wickedness of the evil will finally kill them,       |
|       | and those who hate righteous people will be ashamed      |
| 23    | Yahweh redeems the life of those who serve Him,          |
|       | and no one who takes refuge in Him will be ashamed.      |
|       | <del></del>  |

<sup>&</sup>lt;sup>36</sup>Lit. "memory". <sup>37</sup>Singular in Hebrew, but with a generic sense.

#### 37:1<sup>38</sup> Of David

א <u>Don't</u> become infuriated with wicked people, don't become jealous of the doers of injustice,

2 for

they will quickly wither like grass, and they will droop like green hay.

3 ב **Trust** in Yahweh,

and do what is right.

Dwell in the land,

and shepherd faithfulness,

4 and take exquisite delight in Yahweh, and He will give you what your mind requests.

5 λ **Commit**<sup>39</sup> your way to Yahweh,

and trust in Him,

and He will act.

6 and he will bring forth

your righteousness like light and your justice like high noon.

7 т **Be silent** before Yahweh,

and wait longingly for Him,

don't become infuriated

at the one who prospers in his way,

at the man who does wickedness.

8 ה Refrain from anger,

and abandon rage,

surely don't become infuriated with the wicked,

9 for

wicked people will be cut off,

but those who hope in Yahweh will inherit the earth.

10 I And in just a little while

the wicked won't exist.

and you will be on the lookout for his place,

and he won't exist.

but the humble<sup>40</sup> will inherit the earth,

and they will take exquisite delight in abundant prosperity.

<sup>38</sup>Psalm 37 is an alphabetic acrostic. Unfortunately the alphabet divisions do not line up evenly with verse divisions. The flow of acrostic Psalms often seems disjointed to us, but it will help if you think of these as related bullet points. **Boldface/underline** indicates English words which represent the Hebrew acrostic words.

<sup>&</sup>lt;sup>39</sup>Lit. "roll". <sup>40</sup>Or "afflicted" or "poor".

Wicked people **plot** against the righteous, ז 12 and they gnash their teeth at them, 13 but the Lord laughs at them. for He sees that their day is coming. Wicked people draw a **sword**. 14 n and they draw their bow, to kill<sup>41</sup> the afflicted and the poor, to ruthlessly slay those whose way is upright. 15 Their sword will enter their own heart. and their bows will shatter themselves. Better is the little of the righteous than the wealth of many wicked people, 17 the descendents of the wicked will be crushed, but Yahweh sustains the righteous. ا 18 Yahweh **intimately knows** the days of those with integrity. and their inheritance will be forever-19 they will not be ashamed in an evil time, and they will be provided for in days of famine. 20 ɔ For wicked people will perish, and the enemies of Yahweh will be consumed like a precious pasture, they will be consumed in smoke. ל 21 The wicked **borrow** and do not repay, but the righteous is gracious and gives, 22 for those blessed by Him<sup>42</sup> will inherit the earth, and those cursed by Him will be cut off. The steps of people are established by Yahweh, מ 23 and He takes delight in their way. 24 though they may fall,

they won't be hurled down.

for Yahweh holds<sup>43</sup> their hands.

<sup>41</sup>Lit. "cause to fall".

<sup>&</sup>lt;sup>42</sup>l.e., by God.

<sup>&</sup>lt;sup>43</sup>Lit. "supports, upholds".

# נ 25 I have been young, and I am now old. but I have not seen the righteous abandoned. nor have I seen their descendents begging for bread. 26 All day long they are gracious and lend. and their descendents are a blessing. 27 o **Turn aside** from evil, and do what is good, and dwell forever. 28 for Yahweh loves justice, and He will not abandon His godly ones. **Evildoers** will be destroyed, and the descendents of wicked people will be cut off. 29 Righteous people will inherit the earth, and they will dwell on it forever. The mouth of the righteous utters wisdom. פ 30 and their tongues speak justice. 31 The teaching of their God is in their minds, their steps will not slip. Wicked people spy on righteous people צ 32 and seek to kill them. Yahweh will not abandon righteous people into the hand of the wicked,44 33 nor will He condemn them as guilty when He judges. Eagerly look to Yahweh ק 34

and keep His way,

and He will exalt you to inherit the earth—
you will see it when he cuts off wicked people.

35 γ I have seen ruthless wicked people.

and they make themselves naked like a tree growing in its natural soil,

36 then they went away and no longer existed, and I looked for them but they could not be found.

ש Hold onto integrity,

and look at what is upright,

for

there will be a future for the man of wellbeing

but the wicked will be destroyed together,

the future of the wicked will be cut off.

<sup>&</sup>lt;sup>44</sup>Lit. "Yahweh will not abandon him into his hand".

The <u>deliverance</u> of righteous people comes from Yahweh,
He is a refuge during a time of distress,
and Yahweh will help them,
and He will indeed deliver them from wicked people,
for they<sup>45</sup> seek refuge in Him.

<sup>&</sup>lt;sup>45</sup>l.e., righteous people.

## 111:1 You\* praise Yah!

- א I will thank Yahweh with all [my] mind
- In the assembly of the upright and [in the] congregation
- 2 λ Yahweh's deeds are **great** 
  - They are sought by all who take delight in them
- 3 ה His work is **splendor** and majesty
  - And His righteousness endures forever
- 4 r He made a memorial for His miracles
  - n Gracious and compassionate is Yahweh
- 5 υ He gives **food** to those who fear Him
  - **He will remember** His covenant forever
- 6 > He has told the **strength** of His deeds to His people
  - ל **To give** them the inheritance of nations
- 7 מ The deeds of His hand are truth and justice
  - **Faithful** are all His instructions
- 8 o They are unshakeable forever and ever
  - ע They are made in truth and uprightness
- 9 9 He sent a **ransom** for His people
  - צ **He commanded** His covenant forever
  - ק Holy and awesome is His name
- 10 τ The fear of Yahweh is **the beginning** of wisdom
  - ש All who do them have good insight
  - л His praise endures forever

## 112:1 You\* praise Yah!

- א Fortunate are those<sup>120</sup> who fear Yahweh
- They take great delight in His commandments
- 2 ג Their descendents will be **mighty** on earth
  - т The **generation** of the upright will bless you
- 3 ה Wealth and riches are in their houses
  - And their righteousness endures forever
- 4 r Light <u>rises</u> in darkness for the upright
  - n He is **gracious**, compassionate, and righteous
- 5 υ Those who lend and give are **good** 
  - Their issues will **be supported** in judgment<sup>121</sup>
- 6 b For they will never be shaken
  - ל The righteous will **be remembered** forever forever
- 7 מ They won't be afraid of an evil **report** 
  - Their mind is established, trusting in Yahweh
- 8 o Their mind **is sustained**, they will not fear
  - ע <u>Until</u> they [get to] look upon their enemies<sup>123</sup>
- 9 פ They have scattered, [yes,] they have given to the poor
  - צ Their righteousness endures forever
  - ק Their horn 124 will be exalted in honor
- 10 ח Wicked people will see and be exasperated
  - ש They will gnash their teeth and melt away
  - ת What the wicked want will be destroyed

<sup>&</sup>lt;sup>120</sup>Hebrew often uses singulars to represent generic categories for which English uses plurals. Thus "the man" or "he" or "his" is translated "those", "they", "their" (i.e., as plurals).

<sup>&</sup>lt;sup>121</sup>Or "with justice".

<sup>&</sup>lt;sup>122</sup>Lit. "eternal memorial".

<sup>&</sup>lt;sup>123</sup>l.e., they will get to see their enemies defeated.

<sup>&</sup>lt;sup>124</sup>Symbolic of *power*.

#### Masoretic Text Version<sup>166</sup>

#### 145:1 A praise by David

| א | <u>I will exalt</u> You, my God, O king,     |
|---|--|
|   | and I ought bless Your name forever and ever |

ב 2 <u>On every</u> day I will bless You,

and I will praise your name forever and ever.

3 a **Great** is Yahweh, and very praised, and His greatness is unsearchable.

4 т <u>Generation</u> to generation will laud Your works, and they will talk about Your strength.

5 ה <u>Majesty</u>, glory, <u>sp</u>lendor are Yours,

so I should<sup>167</sup> actively reflect on Your marvelous deeds.

6 I And they will talk about Your awe inspiring fierceness, and I will tell the story about Your greatness.

7 They will bubble forth **mentioning** the greatness of Your goodness and they will shout about Your righteousness.

8 n Yahweh is **gracious** and compassionate,

Slow to anger with great covenant faithfulness.

9 υ Yahweh is **good** to everyone,

and His compassion is upon all His works. 168

10 · All Your works will <u>praise</u> You, Yahweh,

and your godly ones will bless You.

11 o They will talk about the **glory** of Your kingdom, and they will speak about Your strength,

to <u>make known</u> His strength to the children of humanity, as well as the honor of the glory of His kingdom.

13 מ Your <u>kingdom</u> is a kingdom for all eternity,

and Your reign is during every generation. 169

<u>Faithful</u> is God with all His words,

and He practices covenant faithfulness with all His deeds. 170

<sup>166</sup>Psalm 145 is an alphabetic acrostic, with each verse beginning with the next letter of the Hebrew alphabet. The root words of the acrostic words are indicated by **boldface-underline**. They do not necessarily begin an English verse, for English word order is much different than Hebrew.

<sup>&</sup>lt;sup>167</sup>Another possible rendering of this cohortative is "let me actively reflect".

<sup>&</sup>lt;sup>168</sup>Or "everyone He has made".

<sup>&</sup>lt;sup>169</sup>Lit. "in every generation and generation".

<sup>&</sup>lt;sup>170</sup>The italicized portion reflects what a Dead Sea Scroll has for the missing letter 1 (N), except for the repeated additional refrain.

| 14 o | Yahweh <u>sustains</u> all who have fallen down,        |
|------|---|
|      | and He raises up all who are bent down in distress. 171 |

15 ע The **eyes** of everyone look to You in hope,

and You give them their food at the appropriate time,

opening<sup>a</sup> Your hand and satisfying all living things with goodwill.

17 צ Yahweh is <u>righteous</u> in all His ways, and kind in all His deeds.

ק Yahweh is <u>near</u> to all who call upon Him, to all who call upon Him in truth.

19 ר He acts with **goodwill** toward those who fear Him, and He will hear their cry for help and rescue them.

ש Yahweh <u>quards</u> all who love Him, and He will destroy everyone who is wicked.

21 π My mouth will speak the <u>praise</u> of Yahweh, and all flesh should bless His holy name forever and ever.

<sup>171</sup>The MT version of Ps 145 is missing the letter i (N), which leads makes it likely that a verse disappeared because of a scribal copying error. The Dead Sea Scroll has the "missing" verse which goes between verses 13 and 14:

Faithful is God with all His words,

and He practices covenant faithfulness with all His deeds.

Blessed be Yahweh, and blessed be His name forever and ever.

The final phrase, "Blessed be Yahweh, and blessed be His name forever and ever", shows up as a refrain after every verse in the DSS.